

DEPARTMENT OF PSYCHOLOGY

PROGRAMME SPECIFIC OUTCOMES (PSOs)

Program Specific Outcomes (PSOs) – Certificate Course in Psychology

After this Programme, the learners will be able to:

1. **PSO1:** Demonstrate foundational knowledge of key psychological concepts, including sensation, and perception.
2. **PSO2:** Apply psychological theories and principles to understand and manage everyday situations and interpersonal relationships effectively.
3. **PSO3:** Understand the goals and fields of psychology as well as method of psychology.
4. **PSO4:** To understand sensation and perception and learning process and theories of learning
5. **PSO5:** Develop the ability to understand motivation and emotion and intelligence or basic concept of emotional and artificial intelligence
6. **PSO6:** Apply psychological insights to improve Attention Perception as well as, academic performance, productivity, and social interactions in daily life.
7. **PSO7:** Students to grasp how various learning theories—like classical conditioning, operant conditioning, insight theory and behaviouristic theories.
8. **PSO8:** To understand how different types of memory (sensory, short-term, long-term) contribute to goal-directed behaviour.
9. **PSO9:** To know about Intrinsic and Extrinsic Motivation through Cognitive Learning. This knowledge will be applied in real-life scenarios such as academic achievement or workplace motivation.
10. **PSO10:** Focuses on how emotional responses such as fear, love, or anger can be learned and unlearned

Program Specific Outcomes (PSOs) – Diploma in Psychology

After this Programme, the learners will be able to:

1. **PSO1:** To Understand key concepts of social psychology to analyse individual behaviour in group settings.
2. **PSO2:** Explore attitudes, conformity, prejudice, and interpersonal relationships in social contexts.
3. **PSO3:** Learn various approaches to counselling including humanistic, cognitive, and behavioural models.
4. **PSO4:** Develop basic counselling skills for effective communication, empathy, and problem-solving.

5. **PSO5:** Understand the nature, sources, and effects of stress on mental and physical health.
6. **PSO6:** Identify major psychological disorders and gain knowledge of diagnostic criteria in psychopathology.
7. **PSO7:** Apply psychological strategies for stress reduction and coping mechanisms in daily life.
8. **PSO8:** Gain insight into the mind-body connection in health psychology and promote lifestyle changes.
9. **PSO9:** Promote psychological well-being through techniques like mindfulness, relaxation, and self-care.
10. **PSO10:** Prepare for roles in mental health support, community outreach, and personal development programs.

Program Specific Outcomes (PSOs) – B.A. Psychology

After this Programme, the learners will be able to:

1. **PSO1:** Understand principles and techniques of psychological assessment for evaluating behaviour and abilities.
2. **PSO2:** Explore the psychology of aesthetics to study human responses to art, beauty, and creativity.
3. **PSO3:** Gain hands-on experience through lab work, enhancing skills in observation, testing, and analysis.
4. **PSO4:** Learn concepts of positive psychology to foster well-being, resilience, and strengths-based growth.
5. **PSO5:** Analyze the interaction between humans and their environment through environmental psychology.
6. **PSO6:** Understand workplace behaviour, motivation, and leadership through industrial-organizational psychology.
7. **PSO7:** Learn the fundamentals of research methodology, including hypothesis, sampling, and data analysis.
8. **PSO8:** Apply ethical and scientific methods to design and conduct psychological research projects.
9. **PSO9:** Gain knowledge about the classification, symptoms, and causes of mental disorders.
10. **PSO10:** Develop practical understanding through related project work to connect theory with real-world application.

Program Specific Outcomes (PSOs) – Psychology Honours Course

After this Programme, the learners will be able to:

- 1. PSO1:** Understand key theories and processes of learning and memory to explain behavioural change.
- 2. PSO2:** Gain foundational knowledge of research methodology, including hypothesis formation and data collection.
- 3. PSO3:** Explore the fundamental concepts of aesthetics and human responses to art and beauty.
- 4. PSO4:** Analyse major schools of psychology and their contributions to understanding human behaviour.
- 5. PSO5:** Examine core issues in social psychology like attitude, conformity, and group influence.
- 6. PSO6:** Apply principles of educational psychology to enhance learning and instructional effectiveness.
- 7. PSO7:** Study cognitive and affective processes to understand perception, thinking, emotion, and motivation.
- 8. PSO8:** Utilize statistical tools to interpret psychological data and support research findings.
- 9. PSO9:** Apply psychological concepts in social settings through applied and community psychology.
- 10. PSO10:** Understand the role of psychology in promoting public and individual health.
- 11. PSO11:** Develop practical skills through lab work involving psychological testing and experimentation.
- 12. PSO12:** Integrate knowledge through dissertation work, fostering independent research and critical thinking.

Program Specific Outcomes (PSOs) – M.A. Psychology

After this Programme, the learners will be able to:

- 1. PSO1:** Understand core concepts and theories related to personality and individual differences.
- 2. PSO2:** Analyse human development across the lifespan, including physical, cognitive, and socio-emotional stages.
- 3. PSO3:** Gain in-depth knowledge of psychological disorders through the study of psychopathology.
- 4. PSO4:** Learn the foundations of clinical psychology for assessment, diagnosis, and therapeutic intervention.
- 5. PSO5:** Study organizational behaviour to understand workplace dynamics, motivation, and leadership.
- 6. PSO6:** Explore the principles of guidance and counselling to support individuals in educational and personal contexts.

7. **PSO7:** Critically evaluate major theories of personality and their relevance in clinical practice.
8. **PSO8:** Learn various psychotherapies and their application in treating mental health issues.
9. **PSO9:** Theoretical knowledge in practical settings through lab experiments and psychological testing.
10. **PSO10:** Gain real-world experience and professional skills through structured internship programs.