

## Academic Profile

Name	:	Dr. Aneeta Joshi
Designation	:	Professor
Qualification	:	M.A. (Psychology) Ph.D. (Psychology) UGC-NET (Psychology) P. G. Diploma in Guidance & Counseling
Email address	:	<a href="mailto:aneetajos@rediffmail.com">aneetajos@rediffmail.com</a>
ORCID ID	:	<a href="https://orcid.org/0009-0001-6221-4974">https://orcid.org/0009-0001-6221-4974</a>
Vidwan ID	:	622600
Mobile number	:	9412959465



### **FIELD OF SPECIALIZATION:**

**Field of Specialization:** General Psychology, Positive Psychology, Clinical Psychology, Social Psychology. Guidance and Counselling Psychology, Psychopathology.

### **WORK EXPERIENCE:**

- Worked As “Visiting Lecturer” In the Department of Psychology, Government Post Graduate College Pithoragarh, Uttarakhand from 2001 to 2004.
- Worked As “Assistant Professor” In the Department of Psychology in Different Government Colleges of Uttarakhand from July 2005 to 2017.
- Worked As “Associate Professor” In the Department of Psychology In P.N.G.Govt. P.G. College Ramnagar, Nainital from July 2017 to 2020.
- Worked As “Professor” In the Department of Psychology In P.N.G.Govt. P.G. College Ramnagar, Nainital from July 2020 to 2023
- Working As “Professor” In the Department of Psychology In Govt. P.G. College Champawat from July 2023 to 2024.
- Worked As “Professor” In the Department of Psychology In P.N.G.Govt. P.G. College Ramnagar, Nainital from July 2024 to Till Now.

## MEMBERSHIP:

- Lifelong Membership of “Indian Journal of Community Psychology” An Official Publication of “Community Psychology Association of India”.
- Lifelong Membership of “Indian Journal of Social Science Researches”, (Issn No-0974-9837).
- Lifelong Membership of “The Rohilkhand Geographical Journal of India’(Nagi)’ (Issn No- 0976-8556).

## WORKSHOPS AND TRAINNING PROGRAMMES ATTENDED:

- Attended “**Faculty Development Programme**” Atgovt P. G. College Rihikesh, Organized by Department of Higher Education Utterakhand and Icfai Unniversity Dehradun, from 23<sup>rd</sup> April to 7<sup>th</sup> May 2006.
- Attended **2 Days Trainning and Orientation Workshop** of N.S.S. Functionaries On ‘Cancer Awearness”, Organized by Kumaun Unniversity N.S.S. Cell and King George Medical Unniversity Lucknow, On 09-10<sup>th</sup> December 2006.
- Attended “**Orientation Programme**” At U.G.C.A.S.C. L.N.I.P.E. Gwalior M.P., From 28/03/2007 To 24/04/2007.
- Attended “**Refresher Course**” On “Research Methodology in Social Sciences and Humanities” At U.G.C. A.S.C. Nainital, From 29/07/2011 to 18/08/2011.
- Attended **One Day Workshop** On “Space Technology and Its Applications” Sponsored by N.N.R.M.S., Isro Bangalor and Conducted by I.I.R.M.R. Jaipur at Govt P.G.College Ramnagar On 2nd March 2013.
- Attended “**Refresher Course**” On “Research Methodology in Social Sciences” At U.G.C. A.S.C. Nainital, From 30/05/2014 to 19/06/2014.
- Attended “**Refresher Course**” On “Research Methodology in Social Sciences” At U.G.C. A.S.C. Nainital, From 30/05/2014 to 19/06/2014.
- Attended “**U.G.C.-Sponsored Short Term Course**” on “Value Education” at U.G.C. A.S.C. Nainital, From 13-10-16 to19-10-16.
- Participated As Resource Person In **7 Days National Workshop** Organized by Department of Psychology, Govt.P.G.College, Ramnagar, Nainital, From 11-17<sup>th</sup> Feb, 2019.

### **WORKSHOP - ORGANIZED:**

- **Organized A 7 Days National Workshop** On “S.P.S.S Data Analysis in Social Sciences” From 11-02-2019 To 17- 02-2019 As Workshop Director at Dept of Psychology, Govt P. G. College Ramnagar, And Nainital.
- **Organized A One Day National Workshop** On “Impact Of Social Media On Mental Health” On 05 October 2024 As “Organizing Secretary” At Dept Of Psychology, Govt P. G. College Ramnagar, Nainital.

### **RESEARCH GUIDANCE:**

#### **STUDENTS AWARDED PH.D. DEGREE-**

1. Deepak Kumar, “A Psychological Study of Skilled Unemployed Youth in Industrial Area”. Degree Awarded- 24-11-2018. Kumaun University Nainital.
2. Kamal Khurana, “A Study of Impact of Spiritual Personality on Marital Satisfaction of Couples”. Degree Awarded- 09-03-2019. Kumaun University Nainital.
3. Sweta Dikshit, “A Study of Negative Mental Health of Internet User as A Function of Age, Gender and Parental Employment”. Degree Awarded- 25-05-2019. Kumaun University Nainital.
4. Anamika Chauhan, “A Comparative Study of Social Adjustment, Stress and Coping Strategies of Parents of Mentally Retarded, Autistic and Normal Children”. Degree Awarded- 26-10-2023. Kumaun University Nainital.
5. Vivek Arya, “किशोरों मे प्रत्याबल, सांवेगिक बुद्धि एवं स्वस्ति बोध का तुलनात्मक अध्ययन”. Degree Awarded- 28-11-2025. Kumaun University Nainital.

#### **STUDENTS PH.D. THESIS SUBMITTED –**

1. Kusum Gupta, “Effect of Parenting Style on Locus of Control and Academic Stress in College Students”. Registration Date- 29-10-2021, Kumaun University Nainital.

#### **STUDENTS ENROLLED IN PH.D. –**

1. Azam, "Effects of Smart Phone Addiction on Aggression and Adjustment Among Adolescent and Young Adults" Registration Date- 17-01-2023, Kumaun University Nainital.
2. Kaushindra Singh Raghav –Date of Admission- 10/01/2025.

#### **RESEARCH PUBLICATION:**

#### **RESEARCH PAPERS IN JOURNAL:**

1. Research Paper "Parenting Style of Single Parent and The Feeling of Security and Insecurity", Published In The Journal "**United Journal Of Awadh Scholars**" Vol-02 (No-2) June 2008. Page No-40-44. (Issn No-0974-0503).
2. Research Paper " School Related Outcomes In Children: Unity In Diversity", Published In The Book "**Culture Cognition And Behaviour**" Edited By Prof. Aradhana Shukla, Published By Concept Publishing Company, New Delhi In 2009. Page No-75-90. (Isbn No- 13:978-81-8069-639-8).
3. Research Paper " Study Of Parental Expectations Among Varied Cultures", Published In The Journal "**Indian Journal Of Social Science Researches**" Vol-10 (No-1) March 2013. Page No-51-59. (Issn No-0974-9837).
4. Research Paper "Personal Space: An Environmental Affecter Of Behaviour" Published In The Journal "**Vaichariki**" A Multi Disciplinary Referred International Research Journal, Vol-V, Issue-1, March 2015. Page No--80-83, (Issn No--2249-8907).
5. Research Paper "Environmental Education In Present Scenario" Published In The Journal "**Shodh Prerak**" Vol-V, Issue - 2, April 2015, Page No—71-75. (Issn No-2231-413x).
6. Research Papers "A Comparative Study Of Life Satisfaction Among Two Brothers" Published In The Journal "**Research Link**" An International Registered And Referred Monthly Journal, Vol-Xiv (10), December 2015. Page-81-83. (Issn No-0973-1628). Impact Factor- 2015-2.782.
7. Research Paper " Sui Dwara Nasha Kerne Wale....Tulnatmak Adyayan" Page No -102-103. Published In The Journal '**Research Link 143**', An International Registered And Referred Monthly Journal", Vol-Xiv (12), Feb 2016. Page-102-103. (Issn No-0973-1628). Impact Factor- 2015-2.782.

8. Research Paper “Nario Ke Prati Samajik Mansikta: Pracheen Avum Naveen Paridrishya” Page No- 75-78. Published In The Journal “**Asian Journal Of Multi-Disciplinary Studies**, Vol-4, Issue-13, December 2016, Issn No-2321-8819, And Impact Factor - 1.498.
9. Research Paper “Marital Satisfaction And Spiritual Personality: A Relational Overview” Page No --29-35. Published In The Journal “**Global Journal Of Enterprise Information System**” Vol-9, Issue-01, March 2017, Issn No-0975-153x.
10. Research Paper “Optimism And Mental Health”, Page No 31-37. Published In The Journal, “**The Rohilkhand Geographical Journal Of India** (A Referred Research Journal) Vol-Xxii, July 2017, Issn: 0976-8556.
11. Research Paper “The Influence Of Yogic Exercises Upon Stress Disorders” Page No 33-36. Published In The Journal **International Journal Of All Research Education And Scientific Methods (Ijaresm)** Issn: 2455-6211, Volume 5, Issue 11, November - 2017, Impact Factor: 2.287, Peer Reviewed Refereed Journal
12. Research Paper “Saksharta Ke Sandarbh Main Hiv Aids Dwara.....Tulnatmak Adhyayan” Page No 56-61. Published In The Journal, “**Vignettes Of Research**” (International Peer Reviewed Research Journal) Vol-6, Issue-3, March 2018. Issn: 2320-1797. Impact Factor:5.75(Cars)
13. Research Paper “Bharat Mai Dahej Sambandhi Vertamaan Sthiti: Ek Manovagyanic Vishleshan” Page No 132-137. Published In The Journal, “**Printing Area**” (International Multilingual Research Journal) Vol-01, Issue-41, May 2018. Issn:2394-5303. Impact Factor: 5.011(Iijif).
14. Research Paper “Impact Of Gender Upon Dimensions Of Emotional Maturity” Page No 93-99, Published In The Journal, “**Review Of Research**” (International Online Multidisciplinary Journal) Vol-07, Issue-10, July 2018 Issn: 2249-894x. Impact Factor: 5.2331(Uif).
15. Research Paper “Parivesh Ka Bachcho Ki Paropakarita Ki Bhawna Per Prabhav” Page No 116-118, Published In The Journal, “**Research Analysis And Evaluation**” (International Peer Reviewed Referred Research Journal) Jan-Feb-March, 2019, Vol-1-2-3, Issue-112-113-114 (Combined) Issn :0975-3486. Impact Factor: 6.315 (Sjif).
16. Research Paper “Study Of Various Dimensions Of Academic Stress Among College Students” Page No 55-62, **Printing Area, Interdisciplinary Multilingual Refereed Journal**. Issn: 2394-5303, Issue-57, Vol-02, September 2019, Impact Factor 6.039, Peerreviewed Refereed Journal.

17. Research Paper “Comparative Study Of Mental Health Of House Wives And Working Women” Page No-67-72, Published In The Journal, **“Review Of Research”** (International Online Multidisciplinary Journal) Vol-08, Issue-06, March 2019, Issn: 2249-894x.: Impact Factor 5.7631(Uif).
18. Research Paper “The Study Of Employee’s Satisfaction Level Towards Welfare Facilities Provided By The Company.” International Journal Of All Research Education And Scientific Methods (Ijaresm) Issn: 2455-6211, Volume 7, Issue 11, November - 2019, Impact Factor: 4.597. P.P. 27-34
19. Research Paper “Study Of Value Structure Of Early Adolescents” Page No-5684- 5693, Published In The Journal, **“Mukt Shabd”** (International Online Multidisciplinary Journal) Vol-Ix, Issue-Vi, June 2020. Impact Factor 4.6 Issn:2347- 3150.
20. Research Paper “Impact Of Age And Educational Level Upon Juvenile Delinquency” Page No-316-321, Published In The Journal, **“Sodh Sarita”** (An International Bilingual Peer Reviewed Referred Research Journal) Vol-7, Issue- 26 (iii), April - June 2020. Issn:2348-2397.
21. Research Paper- Cyber Crime Awareness Among Adolescents. Publication In The Journal- **International Journal Of Creative Research Thoughts (Ijcrt)** Volume 8, Issue 12 December 2020 | Issn: 2320-2882. December 2020. Peer Reviewed Refereed Journal
22. Research Paper- Emotional Intelligence: A Comparative Study Of Male And Female College Students. **International Journal Of All Research Education And Scientific Methods (Ijaresm)**, Issn: 2455-6211 Volume 9, Issue 1, January - 2021, Impact Factor: 7.429. Peer Reviewed Refereed Journal.
23. Research Paper- Dimensions Of Emotional Intelligence In Drug Addicted And Non-Addicted Youth. **Vidyawarta Interdisciplinary Multilingual Refereed Journal**. Issn: 2319 9318, Issue-38, Vol-06, April To June 2021, Impact Factor 7.940, Peerreviewed Refereed Journal.
24. Research Paper “Stress And Coping Among Parents Of Special Need Children And Normal Children” **International Journal Of All Research Education And Scientific Methods (Ijaresm)**, Issn: 2455-6211 Volume 9, Issue 6, June - 2021, Impact Factor: 7.429. Peer Reviewed Refereed Journal.
25. Research Paper- Psychological Well Being Among College Students. **Printing Area, Interdisciplinary Multilingual Refereed Journal**. Issn: 2394-5303, Issue-79,

Vol-02, August 2021, Impact Factor 7.891, Peerreviewed Refereed Journal.

26. Research Paper “Effect Of Individuals Birth Order On Dimension Of Personality”. **International Journal Of Multilingual Educational Research.** Issn 2277-7881, Issue-8, Vol-10, August 2021, Impact Factor 7.816, Peerreviewed Refereed Journal.

27. Research Paper- Marital Adjustment: In The Context Of Gender, Education And Family Pattern. **The International Journal Of Indian Psychology**, Issn 2348-5396, Volume 10, Issue 4, October-December, 2022, Peerreviewed Journal.

28. Research Paper- Army Parivesh Avam Gair- Army Parivesh Ke Kishoro Me Tanav Ki Stithi Ka Tulnatmak Adhyayan. **Vidyawarta Interdisciplinary Multilingual Refereed Journal.** Issn: 2319 9318, Issue-96, Vol-01, December 2022, Impact Factor 8.012, Peer reviewed Refereed Journal.

29. Research Paper- Impact Of Drug Addiction On Anxiety Level. **Vidyawarta Interdisciplinary Multilingual Refereed Journal.** Issn: 2319 9318, Issue-96, Vol-01, December 2022, Impact Factor 8.012, Peer reviewed Refereed Journal.

30. Research Paper- Stress And Coping Strategies Of Mothers Of Children With And Without Autism. **International Journal Of Novel Research And Development.** Issn: 2456-4184, Issue-3, Vol-08, March 2023, Impact Factor 8.76, Peer reviewed Refereed Journal.

31. Research Paper- “Kishoriyo Me Samvegik Buddhi Avem Swasti Bodh Ke Mady Sahsambandhata Ka Adhyayan” **Printing Area, Interdisciplinary Multilingual Refereed Journal.** Issn: 2394-5303, Issue-109, Vol-01, January 2024, Impact Factor 9.001, Peerreviewed Refereed Journal.

32. Research Paper- “Snatak Star Ki Chhatrao Me Aatm Sampratyaya Tatha Samayojan Ka Sahsambandhatmak Adhyayan” **International Journal For Innovative Research In Multidisciplinary Field.** Issn: 2455-0620, Issue- 52, Vol-10, June 2024, Impact Factor 9.47, Peer reviewed Refereed Journal.

33. Research Paper- “Parenting Style And Locus Of Control: A Psychological Analysis.” **History Research Journal.** **ISSN:0976-5425, Volume:31, Issue:03, No.03, July–August: 2024,** Ugc Care Listed Journal.

34. Research Paper- “The Study Of Academic Stress In The Context Of Parenting Style And Gender.” **Indian Journal Of Psychology.** Issn: 0019-5553, Book No. 13, 2024, Impact Factor 7.986, Ugc Care Listed Journal

35. Research Paper- “Relationship Between Anxiety, Depression And Stress Among Addicted And Non-Addicted Youth.” **International Journal Of Cultural Studies**

**And Social Science.** Issn: 2347-4777, Issue- 2, Vol-02, July-December 2024, Impact Factor 7.138, Ugc Care Listed Journal.

36. Research Paper- “Impact Of Sports Participation And Gender Upon Self-Esteem Among College Students.” **Humanities And Social Science Studies.** Issn: 2319-829x, Issue- 2, Vol-13, July-December 2024, Impact Factor 7.28, Ugc Care Listed Journal (Group I).
37. Research Paper- “Attitudes of Youth towards Marriage: In relation to Gender, Residence and Marital Status,” Page No. 1515-1527. Published In The Journal **International Journal of Humanities Education.** ISSN: 2327-0063, Volume 13 No. 1, 2025, **SCOPUS INDENED JOURNAL.**

#### **CHAPTER IN EDITED BOOK :**

1. Research Article “Inferences Among Tribals” Was Published In The Book “**Indian Tribes: Psychological And Social Perspectives**” Editted By Prof. Aradhana Shukla, Published By Kanishka Publishers, New Delhi In 2005. (Isbn No- 8173917566/9788173917561).
2. Research Article “Removing Inequality: Towards New Horizons For Tribals”, Published In The Book “**Indian Tribes: Psychological And Social Perspectives**” Editted By Prof. Aradhana Shukla, Published By Kanishka Publishers, New Delhi In 2005. (Isbn No- 8173917566/9788173917561).
3. Research Paper “Water Crisis And Human Health” Page No -247-255. Published In The Book “**Water For Future**” Editted By Dr Sangeeta Gupta And Dr Sanjeev Mehrotra, Published By Ankit Prakashan Haldwani, Nainital 2017, Isbn: 978-81-7988-163-7.
4. Research Paper- “**A Review On Diabetes As An Emerging Health Problem**” Page No. 221-229. Published In The Book “Sustainable Health And Well-Being” Edited By- Dr. Nivedita Awasthi And Dr. Yogesh Chandra. Published By – Abs Books Delhi-110086. Isbn: Isbn: 978-93-94424-78-4

<b>BOOK PUBLICATION:</b>
--------------------------

1. Book Name - “**H.I.V./Aids: A Psychological Analysis**” Published By- Lulu Publication, 3101 Hillsborough St. Raleigh, Nc 27607, United States. **Year**-2020, **Isbn**- 978-1-71679-751-4. Pages-176
2. Book Name- “**Adolescence: A Challenging State**” Published By-“**Harshwardhan Publication Pvt. Ltd**”. Limbaganesha, Dist-Beed, 431126 Maharashtra **Year**-2020, **Isbn**- 978-93-90284-31-3. Pages-275
3. Book Name - “**Emerging Trends In Health And Well Being** Published By- Lulu Publication, 3101 Hillsborough St. Raleigh, Nc 27607, United States. **Year**-2021, **Isbn**- 978-1-6671-5454-1. Pages-141.

#### **SEMINARS ATTENDED:**

1. Paper Presented In “**7<sup>th</sup> International And 38<sup>th</sup> National Conference Of Indian Academy Of Applied Psychology (Iaap)**” Held At Jodhpur (Rajasthan) On October 2003. The Title Of The Paper Was – “Causal Attribution In Cross Cultural Perspective”.
2. Paper Presented In National Seminar On “Sex Education: Education Within Indian Value System” Organized By Ugc-Asc Lnip Gwalior From 21-23<sup>rd</sup> April 2007. Title Of The Paper Was- “Sex Education In India”.
3. Paper Presented In National Seminar On “Yoga Mental Health And Society” Organized By Department Of Holistic Health, M.B. Govt. P. G. College Haldwani From 23-24<sup>th</sup> May 2009. Title Of The Paper Was-“Yoga And Stress Disorders”.
4. Paper Presented In State Level Conference On “Role Of Science And Technology In The Development Of Utterakhand State” Organized By Govt. P. G. College Bageshwar From 25-26<sup>th</sup> October 2010. Title Of The Paper Was- “Environmental Stressors In Utterakhand”.
5. Paper Presented In 3<sup>rd</sup> National Sociological Conference On “Climate Change, Environment And Human Society: India /Uttarakhand” Organized By Govt. P. G. College Ramnagar From 27-28<sup>th</sup> Nov 2010. Title Of The Paper Was- “Personal Space- An Environmental Affecter Of Behavior”.
6. Paper Presented In National Seminar On “Indian Democracy” Organized By Ugc-Asc Nainital From 13-14<sup>th</sup> August 2011. Title Of The Paper Was-“Role Of Rti In Indian Democracy”.

7. Paper Presented In National Seminar On “Empowerment Of Rural Women In Utterakhand” Organized By B.S.M. P. G. College Roorkee From 14-15<sup>th</sup> Oct 2011. Title Of The Paper Was- “Psychological Well-Being Of Working And Non-Working Women In Utterakhand”.
8. Paper Presented In 4<sup>th</sup> National Sociological Conference On “Globalization And The Downtrodden Section Of Indian Society” Organized By M.B. Govt P.G. College Haldwani, Nainital From 06-07<sup>th</sup> Nov 2011. Title Of The Paper Was- “Impact Of Globalization Upon Indian Value System”
9. Paper Presented In State Level Conference On “Rti- Provisions Importance And Problems” Organized By Govt. P. G. College Ramnagar From 23-24<sup>th</sup> Feb 2013. Title Of The Paper Was-“Rti-A Boon To Indian Democracy”.
10. Paper Presented In National Seminar On “Environment And Bio-Sciences” Organized By Govt Raza P.G College Rampur, U.P. From 02-03<sup>rd</sup> March 2013. Title Of The Paper Was-“Environmental Degradation: Impact And Causes”
11. Paper Presented In National Seminar On “Women In Mountains-Continuity And Change” Organized By School Of Social Sciences, Utterakhand Open University, Nainital From 28-29<sup>th</sup> Nov 2013. Title Of The Paper Was-“Stressors Of Women Living In Mountain Region”
12. Paper Presented In National Seminar On “Issues Concerning The Higher Education In India” Organized By Govt. Raza P. G. College Rampur, U.P. From 01-02<sup>nd</sup> March 2014. Title Of The Paper Was-“Comparative Study Of Personality Profiles Of Higher Education Teachers On The Basis Of Creativity.
13. Paper Presented In National Seminar On “Social Transformation Among Scheduled Caste And Tribal Communities Of Mountain Region- Myth Or Reality” Organized By Department Of Sociology, School Of Social Sciences, Utterakhand Open University, Nainital From 10-11<sup>th</sup> October 2014. Title Of The Paper Was-“Badalte Parivesh Ke Janajaatey Vikas Karyakrum”.
14. Paper Presented In National Seminar On “Socio-Economic Problems And Hill Development Of Utterakhand” Organized By Department Of Economics, Govt. Degree. College Manila, Almora, Uttarakhand. And Sponsored By I.C.S.S.R.New Delhi, From 16-17 November 2014. Title Of The Paper Was- “Study Of Opotimism And Quality Of Life: In The Context Of Utterakhand Hills”.

15. Paper Presented In National Seminar On “Environment, Globalization And Quality Of Life” Organized By Department Of Sociology S.B.S.Govt. P.G. College Rudrapur, U.S.Nagar, Uttarakhand. And Sponsored By I.C.S.S.R.New Delhi, From 02-03 December 2014. Title Of The Paper Was-“Importance Of Environmental Education In Present Senario”.
16. Paper Presented In **Inter- National** Seminar On “Role Of E-Learning In Quality Education.” Organized By Govt.P.G. College, Kashipur, U.S. Nagar, Uttarakhand. From 22-23feb 2015, Title Of The Paper Was “Education For Children With Autism”.
17. Paper Presented In National Seminar On ““F.D.I. In India: Opportunities And Challenges Organized By Govt.P.G. College Ramnagar, Nainital, Uttarakhand, From 26-27 Feb 2015,Title Of The Paper Was “Hurdles Of Privatization In Indian Setting.
18. Paper Presented In National Seminar On ““Women Empowerment Through Panchayati Raj-Issues And Challenges”, Organized By Uttarakhand Open University. From 13-14 March, 2015. Title Of The Paper Was “Panchayati Raj Vyavastha Main Mahila Sashaktikaran Ka Yogdan Avum Verchasva”.
19. Paper Presented In National Seminar On “Reconstructing History In Changing Socio-Cultural Scenario”, Organized By Govt.P.G. College Ramnagar, Nainital, Uttarakhand, From 26-27 March 2015, Title Of The Paper Was “Peryavaran Main Badalte Vyavahar Ka Manovegyanic Adhyayan”.
20. Paper Presented In **Inter-National** Seminar On “Sports Medicine, Physical Education & Yoga” Organized.By C.H.C. Atheltic Association, B.H.U. Varanasi, From 15-17 July 2015, Title Of The Paper Was, “Impact Of Yogic Exercise On The Performance”.
21. Paper Presented In National Seminar On “Pervatiya Chhetron Main Uchch Shiksha Ki Samasya Avum Sambhavana”, Organized.By M.B.Govt.P.G.College Haldwani, Nainital, Uttarakhand From 22-23 November, 2015, Title Of The Paper Was “Uttarakhand Mai Uchch Shiksha Ki Dasha Avum Disha”.
22. Paper Presented In National Seminar On, “Ageing & Health Care In India: Issues And Challenges” Organized By Regional Health & Family Welfare Training Centre, Rhfwtc, Motinagar,Haldwani, Nainital, Uttarakhand, From 05-06december 2015, Title Of The Paper Was “Ageing In India: Prospect And Problems”.
23. Paper Presented In National Seminar On “Natoinal Integration In India: Issues And Challenges” Organized By Govt.P.G. College Rudrapur, U.S. Nagar, Uttarakhand

From 06-07 December 2015, Title Of The Paper Was “Socio-Economic Backwardness Of Women: In The Context Of Rural Areas”.

24. Paper Presented In National Seminar On “Status Of Higher Education In India With Special Reference To Uttarpradesh” Organized By Govt. Raza P.G. College, Rampur, U.P. From 20-21 Feb 2016, Title Of The Paper Was “Uchch Shiksha Mai Nijikaran Ka Badhta Prabhav”.
25. Paper Presented In National Seminar On “Govt. Policies Pertaining To Women: Awareness, Implications And Suggestions” Organized By Dayanand Arya Kanya Degree College Moradabad, From, 26-27 Feb 2016, Title Of The Paper Was “Gharelu Hinsa Se Pratarit Mahilaye Avum Samaj”.
26. Paper Presented In National Seminar On “Women Empowerment Through Energy Accessibility; Opportunities And Challenges” Organized By Govt. P. G. College Ramnagar, Nainital, Uttarakhand, From, 05-06 March 2016, Title Of The Paper Was, “Psychological Empowerment Of Women: Threats and Suggestions”.
27. Paper Presented In National Seminar On “Sustainable Rural Development In India: Issue And Challenges’ Organized By D.R.A. Govt.P.G. College, Bisauli (Badaun) U.P. From, 30-31 December 2017, Title Of The Paper Was, ”Study Of Quality Of Life In Rural And Urban Areas Of Uttarakhand”.
28. Paper Presented In **Inter- National** Conference On “Digital India: Empowering The Society” Organized By Bareilly College Bareilly, U.P. On 2<sup>7th</sup> Jan 2018, Title Of The Paper Was, ” Cashless Society In Indian Context”.
29. Paper Presented In National Seminar On “Creating A Unified Foundation For The Sustainable Development: Education And Empowerment” Organized By Govt.Raza P.G. College, Rampur, U.P.. From, 27-28 Jan 2018, Title Of The Paper Was, “Quality Education: An Overview In Indian Setting”.
30. Paper Presented In **Inter-National** Seminar On “Environmental Degradation- Causes And Consequences” Organized By Paryavaran Mitr Samity, In Association With K.G.K.P.G. College, Moradabad, U.P. On 25<sup>th</sup> Feb 2018, Title Of The Paper Was, “Paryavaran Avum Manav Svasthya Sambandh”.
31. Paper Presented In National Seminar On “Women’s Health In India: Issues And Concerns” Organized By B.S.M.P.G. College, Roorkee Haridwar, Uttarakhand From, 23-24 Feb 2018, Title Of The Paper Was “Health Status Of Women In India”.
32. Paper Presented In National Seminar On “Youth In Contemporary India: Issues, Challenges And Opportunities” Organized By Ishwar Sharan P.G. College,

Allahabad. From, 27-28 October 2018, Title Of The Paper Was' "Yuvaon Ki Badalti Jeevan Shally Ka Unke Mansik Svasthya Per Prabhav".

33. Paper Presented In National Seminar On "India After Demonitization: Issues And Challenges" Organized By D.R.A.Govt. P.G. College, Badaun, U.P. From, 5-6 Jan 2019, Title Of The Paper Was' "Note Bandi Ka Yuvaon Ke Mansik Svasthya Per Prabhav".

34. Paper Presented In National Seminar On "Hier Education In Present Context: Challenges And Prospects" Organized By Govt. Raza.P.G. College, Rampur, U.P. From 19-20 Jan 2019, Title Of The Paper Was' "Uchch Siksha Mai Chatra Rajneeti Avum Anushashun".

35. Paper Presented In National Seminar On "Forest Fire And Climate Change: Challenges And Solutions" Organized By H.M.V.P.G. College, Raisi Haridwar, Uttarakhand, From 14-15 Feb 2020, Title Of The Paper Was' "Climate Change And Tribal Health".

36. Paper Presented In National Seminar On "Human Values And Professional Ethics In Education: Need And Importance" Organized By Govt. Raza. P.G. College, Rampur, U.P. From 22-23 Feb 2020, Title Of The Paper Was' "Human Values And Ethics In Present Scenario".

37. Paper Presented In **International** Seminar On "Role Of Education, Litrature, Culture And Society In Global Development" Organized By L.S.M. Govt. P.G. College Pithoragarh, Uttarakhand. From 13-14 November 2022, Title Of The Paper Was "Effect Of Parenting Style On Academic Stress In College Students".

38. Paper Presented In National Seminar On "Sustainability In Health And Well-Being: Prospects, Issues And Challenges" Organized By P.N.G. Govt. P.G. College, Ramnagar (Nainital) Uttarakhand. From 18-19 March 2023, Title Of The Paper Was "The Relationship Between Mental Health And Addiction To Mobile Phone".

39. Paper Presented In **International** Seminar On "Inclusion Of Swami Vivekananda's Ideas In The India's National Educational Policy" Organized By S.S.J.Campus College Almora, Uttarakhand. On 30<sup>th</sup> September 2023. Title Of The Paper Was."Role Of Nep2020 On Academic Stress In Students".

40. Paper Presented In National Seminar On " The Role, Impact,Issues And Challenges Of Artificial Intelligence: A Journey Towards Transforming The Society" Organized By Ip Girls Pg College Of Commerce Haldwani, (Nainital) Uttarakhand. From 30-31 March 2024, Title Of The Paper Was,"Artificial Intelligence And Perception".

41. Paper Presented In **International** Seminar On “75 Years Of Independence: Tribal Of Education And Challenges” Organized By M. B. Govt. Collage Haldwani (Nainital) Uttarakhand. From 10-11 November 2024, Title Of The Paper Was “Janjatiy Samajo Me Mahilao Ki Sthiti”.

42. Paper Presented In **International** Seminar On “Human Behaviour And Climate Change” Organized By A Professional Body Of Psychologists (Apbp). On 21 December 2024, Title Of The Paper Was.”Study Of Educational Awearness Towards Sustainable Development”.

43. Chaired A Session- In **National** Seminar On “Safeguarding The Future: Addressing Youth On Drug Use And Abuse In The Himalayan Region Through Awareness, Wellness Strategies And Legal Framework” Organized By Department Of Psychology, I.P. Govt. Girls P.G. College Of Commerce, Haldwani (Nainital) Uttarakhand. From 27 - 28 March, 2025.

#### **PERSONAL DETAILS:**

**Father's Name** : Sri Ballabh Joshi

**Date Of Birth** : 02-07-1976

**Gender** : Female

**Marital Status** : Married

**Permanent Address** : Flat No –3/14, Aasthan Devidayal Building Telipura Road, Shivlal Pur, Ramnagar, Nainital.

Dr. Aneeta Joshi