

DEPARTMENT OF PSYCHOLOGY

COURSE OUTCOMES (Cos)

Semester- I

DISCIPLINE SPECIFIC COURSE (DSC) - Basic Psychological Processes- I

Learning Outcomes:

After studying this course, student will be able to-

- To introduce students to the basic concepts, Goals and different approaches of Psychology with an emphasis on Approaches of psychology.
- Learn about Biological Bases of Behavior. It will also give the learner a clear understanding of the concepts like Sensation, and Perception.

GENERAL ELECTIVE (GE) – Sports Psychology

Learning Outcomes:

After studying this course, student will be able to-

- Learn the fundamentals and scope of sports psychology and the role of psychologists in sports.
- Understand motivation types, arousal theory, and anxiety in sports performance.
- Study team cohesion, leadership, communication, and the influence of the audience.
- Become familiar with mental preparation using the NCFS four Cs: Commitment, Confidence, Concentration, and Control.

Semester II

DISCIPLINE SPECIFIC COURSE (DSC) - Basic Psychological Processes II

Learning Outcomes:

After studying this course, student will be able to-

- To enrich their understanding about Psychological processes.
- To understand Basic concept of Learning and Major Theories.
- They also learn about concept of Memory, Types and Forgetting, Theories of forgetting.
- To understand the Meaning and Nature of Motivation and Emotion as well as Theories of Emotion

GENERAL ELECTIVE (GE) – Psychology of Everyday Life

Learning Outcomes:

After studying this course, student will be able to-

- Understand the meaning, nature and goals of Psychology and Stages of Development.
- Understand the role of psychology in technology and impact of digital media on society and daily life as well as effect of internet and its addiction.
- Understand role of psychology in physical health and connection of physical health with mental health and wellbeing.
- Understand psychology, personal growth and Defense mechanisms

Semester- III

DISCIPLINE SPECIFIC COURSE (DSC) –Social Psychology

Learning Outcomes:

After studying this course, the student will be able to-

- Enrich their understanding of Social Psychology and Methods of studying social behavior.
- To understand the concept of Person Perception and social Cognition and how people view others.
- How attitudes are formed and change as well as social Influence Process

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Stress Management

Learning Outcomes:

After studying this course, the student will be able to-

- Develop basic understanding of nature and concept of stress, effects of stress in daily life, concept of organizational stress and various stress management intervention strategies.
- Understand about coping strategies and stress management technique in Indian scenario.

GENERAL ELECTIVE (GE) – Artificial intelligence (AI) and psychology

Learning Outcomes: After studying this course, the student will be able to:

- Understand AI's definition, history, scope, and applications in psychology.
- Learn differences between artificial and human intelligence and AI's impact on cognition and decision-making.
- Explore cognitive psychology role in AI, including ethics and social intelligence.
- Study AI types and their use in mental health and emerging psychological fields

Semester- IV

DISCIPLINE SPECIFIC COURSE (DSC) – Psychopathology

Learning Outcomes:

After studying this course, the student will be able to-

- Understand concept of abnormality and criteria of Normal and Abnormal Behavior.
- Understand introduction of DSM 5.
- Understand different types of disorders Such as Anxiety, Somatoform, their Nature and their symptoms

DISCIPLINE SPECIFIC ELECTIVE (DSE)- Approaches to counseling psychology

Learning Outcomes:

After studying this course, the student will be able to-

- To know about the counseling psychology, its scope, application, need, stages and principles of counseling.
- Know about the role of counselor and the skills used in counseling process.
- Understand the types of counseling and basics techniques of counseling used in daily life

GENERAL ELECTIVE (GE) - Health and Well Being

Learning Outcomes:

After studying this course, the student will be able to

- Understand determinants of health and well-being and relationship between health and wellbeing
- Understand the psychological and emotional wellbeing and dimensions of emotional wellbeing
- Understand lifestyle and physical health like nutrition exercise and sleep as well as role of yoga and alternative therapies.
- Understand social and environmental aspect of wellbeing

Semester- V

DISCIPLINE SPECIFIC COURSE (DSC) – Psychological Assessment

Learning Outcomes:

After studying this course, the student will be able to-

- To understand about Psychological Assessment and Scaling Methods.
- To understand different Psychological Assessments like Intelligence, Personality Tests, Assessment of personality and uses of different test related to personality.
- To Learn about Reliability and Validity and Descriptive Statistics.

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Positive Psychology

Learning Outcomes:

After studying this course, the student will be able to-

- Understand the meaning, concept and history of Positive Psychology.
- Understand about happiness and theories of happiness.
- Understand about the determinants of positive psychology.
- Understand application of psychology in different fields

GENERAL ELECTIVE (GE) – Environmental Psychology

Learning Outcomes:

After studying this course, the student will be able to-

- Understand the Scope, Environmental history and interdisciplinary connections of Environmental Psychology.
- Understand about different theories in Environmental Psychology.
- Learn about Environmental stress, nature and types of Environmental Stress
- Understand about Environmental Perception and Cognition, Mechanism and Factors.

Semester- VI

DISCIPLINE SPECIFIC COURSE (DSC) – Basics of Statistics in Psychology

Learning Outcomes:

After studying this course, the student will be able to-

- Understand about definition, nature, Scope and historical evolution of statistics in psychology.
- Learn about Measures of Central Tendency and Variability.
- Understand the Concept of correlation and its implications.

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Fundamentals of Research Methodology

Learning Outcomes:

After studying this course, the student will be able to-

- Understand the nature, scope, types of research and ethical consideration.
- Learn basic steps of research like formulation of hypothesis, types of variables and sampling techniques.
- Understand methods of data collection.
- Understand the descriptive and inferential statistics

GENERAL ELECTIVE (GE) – Cyber Psychology

Learning Outcomes:

After studying this course, the student will be able to-

- To understand the foundational concept of cyber psychology.
- Exploring how digital environment influence human thought and behavior.
- Learner will evaluate psychological impact of excessive digital technology, uses, including internet addiction in cognitive overload.
- To examine the ethical and legal concern surrounding privacy and digital wellbeing

Semester VII

DISCIPLINE SPECIFIC COURSE (DSC) - Psychology of Learning and Memory Processes

Learning Outcome: After studying this course the student will be able to-

- Understand concept of Learning and Conditioning and Its Types.
- Understand Theories of Learning and Its Application
- Be Enlightened with The Concept of Memory and Its Models used in Educational Setup.

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Research Methodology -1

Learning Outcome: After Studying the course, the students will be able to

- Have knowledge about Meaning and Characteristics of Scientific Research Method.
- Understand the Research Problems, Hypothesis and Variables.
- Understand the Types and Importance of Sampling in Research.
- Understand the Nature Purpose and Types of Research Design

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Fundamental of Statistics

Learning Outcome:

After studying the course, the students will be able to –

- Understand Introduction to Psychological Statistics.
- Learn the Methods of Calculating Measures of Central Tendency and Measures of Variability in an efficient manner.
- Learn about Correlation and Types of Correlation as well as Partial and Multiple Correlation
- Understand the Analysis of Variance (ANOVA).

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Psychiatric Perspective on Disaster

Trauma

Learning Outcomes:

- Identify and differentiate between types of disasters natural (earthquakes, floods, pandemics) and man-made (war, terrorism, industrial accidents) and their psychological impacts.
- Evaluate psychiatric and clinical perspectives using ICD-11 and DSM-5 criteria, and compare psychiatric first aid with psychological first aid approaches.
- Apply psychological first aid, community-based interventions, trauma-informed care, and culturally sensitive practices to enhance resilience and coping.
- Assess preparedness programs, rehabilitation strategies, and the role of agencies through analysis of Indian disaster case studies and ethical issues.

GENERAL ELECTIVE - Contemporary Issues Of Social Psychology

Learning Outcome:

After Studying the course, the students will be able to –

- Understand Social Psychology and Research Methods used in Social Psychology
- Understand Social Cognition and Its Components
- Learn Concept of Attitude and Theories of Attitude Change
- Interpersonal Attraction and Group Dynamics and Behavior.

GENERAL ELECTIVE – Educational Psychology

Learning Outcome: After Studying this course, the students will be able to

- Understand of Educational Psychology, Definition, Meaning and Nature of Educational Psychology and Historical Perspectives of Child Development.
- Understand Child Development and Learning and Theories of Child Development.
- Understand Motivation and its Related Theories.
- Learn about Individual Adjustment and Concept and Relevance of Emotional Intelligence

Semester VIII

DISCIPLINE SPECIFIC COURSE (DSC) – Psychology of Cognitive and Affective process

Learning Outcomes:

After Studying this Course, the students will be able to

- To Understand Definition, Meaning and Scope of Cognitive Psychology and research methods used in cognitive psychology
- Learn about Perception, Types and Theories of Perception.
- To Understand Definition, Meaning, Types And Theories of Motivation and Emotion.

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Applied Comprehensive Program in Psychological Research

Learning Outcomes:

- Understand research approaches in psychology and key concepts of reliability, validity, and norms.
- Conduct literature reviews and design research using various methodologies.
- Analyze data with SPSS and interpret statistical results.
- Write APA-style research reports and manage references using digital tools

DISCIPLINE SPECIFIC ELECTIVE (DSE) –Application of Statistics in Psychology

Learning Outcome:

After Studying the course, the students will be able to

- Learn about the Normal distribution, divergence from normality and Application of probability curve.
- Understand types of Inferential statistics, Type I and Type II errors
- Understanding Parametric and Non Parametric Tests.
- Learn Assumptions and Characteristics of Factor Analysis, Applications and limitations of ANOVA.

GENERAL ELECTIVE (GE) – Industrial and Organizational Behaviour

Learning Outcomes:

After studying this course, the student will be able to-

- Understand about definition, nature, Scope and historical evolution of industrial and organizational psychology.
- Learn about motivation and types, Elements of Job satisfaction and Theories of motivation.
- Understand Group and team Building, Stages of group Development and goal setting and alignment.

GENERAL ELECTIVE (GE) – Applied Social Psychology

Learning Outcome:

After Studying the course, the students will be able to –

- Understand the Process of Socialization, Attitude, development and Theories of Attitude.
- Understand Attribution, Aggression and Theories of aggression.
- Understand Meaning and Types of Culture, Personality. Relationship between Culture and Personality.
- Understand Meaning and Process of Communications and the Barriers to Communication.

DISCIPLINE SPECIFIC ELECTIVE (DSE): Psychology of Crowd

Learning Outcomes:

After Studying the course, the students will be able to

- Understand the scope, types, and psychological mechanisms of crowd behaviour.
- Compare key theories explaining how crowds think and act.
- Apply crowd psychology in events, disasters, and marketing.
- Evaluate strategies for predicting and managing crowds in various contexts

Semester- IX

DISCIPLINE SPECIFIC COURSE (DSC) - Fundamentals of Personality

Learning Outcomes- After Studying the course, the students will be able to–

- Understand Meaning of Personality and Theoretical Approaches of Personality
- Understand Different Determinants of Personality and Methods and Process of Personality Development.
- Understand at the end Eastern Perspective of Personality and Measurement of Personality.

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Psychology of Life Span development - I

Learning Outcome: After studying this Course, the student will be able to-

- Understand about Human Growth and Development and Understand about Determinants of Human Growth and Development
- Develop Better Understanding of Various Aspect of Development during Prenatal Stage to Middle Childhood.
- Understand Development during Infancy and Toddlerhood.
- Understand Developmental Process during Early and Middle childhood

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Psychopathology –I

Learning Outcome: After studying this course, the student will be able to-

- Know about the Concept of Psychopathology with an Emphasis on its Approaches and Classification.
- To Understand Models and Theoretical Approaches of Psychopathology.
- Understanding on Nature, Etiology, Types of Anxiety disorder, Dissociative, Somatoform.

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Fundamental of Clinical Psychology

Learning Outcome: After studying this course, the student will be able to-

- Understand the Nature, Scope and Ethics in the Profession of Clinical Psychology.
- Understand Major Perspective and Theoretical Model of Clinical Psychology.
- Understand Clinical Assessment and Diagnosis and Different Types of Clinical Assessment.

- Understand Various Tests in Clinical use and Meaning and Purpose of Neuropsychological Assessment

GENERAL ELECTIVE (GE) - Neuropsychology

Learning Outcome After studying this course, the student will be able to-

- Explain the basic concepts and scope of neuropsychology, including its historical development and subfields.
- Describe the structure and function of the human nervous system, emphasizing the role of neurons, neurotransmitters, and major brain regions.
- Analyze the neural basis of cognitive functions such as perception, memory, language, attention, and executive functioning.
- Identify symptoms and causes of common neuropsychological disorders (e.g., aphasia, amnesia, agnosia) and understand their behavioral impact.
- Demonstrate familiarity with neuropsychological assessment tools and their applications in diagnosis and rehabilitation

GENERAL ELECTIVE (GE) - Psychology of Guidance and Counselling

Learning Outcome: After studying this course, the student will be able to-

- Understand about the Aim, Purpose and Principles of Guidance and Counseling.
- Understand Counseling process and its Techniques.
- Develop understanding about the areas of Guidance and Counseling.
- Understand Various Approaches of Counseling

Semester X

DISCIPLINE SPECIFIC COURSE (DSC) – Theories of Personality

Learning Outcome:

After studying this course, students will be able to familiarize with-

- To Understand Basics of Personality Approaches and Psychoanalytic Approach and increased understanding of Unconscious Processes and their Influence on Behavior.
- To Understand Trait Approach Development of Personality Trait Theories to describe and measure individual differences in Personality.
- Able to Understand Behavioral Approach Emphasis on Observable behaviors and the Environmental Influences that shape them.
- To Understand Humanistic-Existential Approach to Personality emphasizes Personal growth, Self-actualization, and the search for meaning in life.
- At the end of this course to learn about Indian Personality Theories and Comparison to Western Approach.

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Psychology of Life Span development - II

Learning Outcome: After studying this course, students will be able to familiarize with-

- To Understand Various Aspects of Development during Adolescence.
- To Understand Development in Early Adulthood.
- To Understand the Development Process in Middle Adulthood.
- To able Understand Issues related to Development in Late Adulthood.

DISCIPLINE SPECIFIC ELECTIVE (DSE) - Psychopathology –II

Learning Outcome: After studying this course, students will be able to familiarize with-

- To Understand Nature, Etiology, Symptoms and Types of Mood disorder and Personality Disorders.
- To learn about Schizophrenia and Paranoid disorder.
- To Understand Organic Mental disorders and differentiate Delirium, Dementia and Alzheimer.
- At the end of this course also learn about Neuro- Developmental Disorders

DISCIPLINE SPECIFIC ELECTIVE (DSE) – Psychotherapies

Learning Outcome:

After studying this course, students will be able to familiarize with-

- Better understanding of the Concept of Psychotherapy along with its Goals and Types.
- Meaning and Nature of Psychoanalytic Therapy, Behavior Therapy, Cognitive Behavior Therapy, Dialectical Behavioral Therapy (DBT) and Humanistic-Existential Therapy.

GENERAL ELECTIVE (GE) - Forensic Psychology

Learning Outcome After studying this course, students will be able to familiarize with

- Define and explain key concepts and the scope of forensic psychology.
- Understand the psychological theories related to criminal behavior.
- Apply basic psychological techniques used in forensic investigation and assessment.
- Explain the role of forensic psychologists in legal and correctional settings.
- Critically examine ethical and legal issues related to forensic practice in India.

GENERAL ELECTIVE (GE) - Consumer Psychology

Learning Outcome:

After studying this course, Student will be able to:

- Understand the Meaning Importance, and Need for studying Consumer Behavior in Marketing.
- Learn the Basics of Marketing Research, including Types, Methods (primary vs.

secondary), and Consumer Research Techniques.

- Explore Consumer Motivation Buying Behavior, and the Stages of the decision-Making process