

ACADEMIC PROFILE

NAME : KUSUM GUPTA
DESIGNATION : ASSISTANT PROFESSOR
SUBJECT : PSYCHOLOGY
ADDRESS : P.N.G GOVERNMENT P.G. COLLEGE
RAMNAGAR-244715, NAINITAL,



UTTARAKHAND

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QUALIFICATION:-

A. EDUCATIONAL QUALIFICATION:-

- Pursuing PhD. In Psychology from Kumaun University,Nainital
- MSc.in Psychology from University of Madras, Chennai in 2009 with 62%marks.
- B.A. in 2004 with 64%marks from M.K.P College, Dehradun affiliated to H.N.B Garhwal University, Srinagar (Uttarakhand).
- Intermediate examination in 2001 from Children's Academy (CBSE Board),Dehradun securing 65% marks.
- High school Examination in 1999 from Children's Academy (CBSE Board),Dehradun securing 62.% marks.

B. PROFESSIONAL QUALIFICATION:-

- Qualified UGC-NET Junior Research Fellowship and Eligibility for Lecturership in June2010.
- Completed Diploma in IT (18 months course) in September 2009.
- Completed one year Certificate course in Computer Application in 2006.

C. WORK EXPERIENCE:-

- **Teaching Experience of 11 years**
- Presently working with P.N.G Government P.G College, Ramnagar (Distt.- Nainital) as Assistant Professor in Department of Psychology since 14 September,2019.
- Worked with Government P.G. College, Narayan Nagar (Distt.-Pithoragarh) as Assistant Professor in Psychology since 15 September 2014 to 13 September, 2019.Selected through Uttarakhand Public Service Commission.

- Worked with Him Jyoti School Dehradun as PGT-Psychology from 9 October 2012 to 05 September 2014.
- Worked with State Bank of India as an Assistant since 15 December 2010 till 24 December, 2011.

MEMBERSHIP:

- Lifelong member of “**PSYCHOLOGUS**” A psychological Association of Uttarakhand.

ACHIEVEMENTS:-

- Received “**LETTER OF COMMENDATION FROM MINISTER OF HRD-SMRITI ZUBIN IRANI**” for 100 percent result in Psychology in 2014.
- Received Award for **EXCELLENT CONTRIBUTION AS CAMPUS AMBASSADOR (SVEEP) FROM DISTRICT ELECTION OFFICER, NAINITAL** in Legislative Assembly General Election-2022.

WORKSHOPS AND TRAINING PROGRAMMES (FROM 2014 ONWARDS):-

- Attended “**ORIENTATION PROGRAMME**” at UGC-HRDC Himachal Pradesh University, Shimla from 06 August 2018 to 01 September 2018.
- Attended 7 Days Workshop on SPSS for Social Science Data Analysis from 11 February 2019 to 17 February, 2019 organized by Department of Psychology at Government P.G. College, Ramnagar (Nainital)
- Attended “**REFRESHER COURSE IN SOCIAL SCIENCES**” organized by UGC-HRDC Punjabi University, Patiala from 17 Feb 2020 to 29 Feb 2020.
- Attended REFRESHER COURSE IN “**TRIBAL STUDIES-CULTURAL AND SOCIAL DIMENSIONS**” organized by UGC-HRDC Ranchi University, Ranchi from 06 December 2022 to 19 December 2022.
- Attended “**REFRESHER COURSE IN EDUCATION ,PSYCHOLOGY AND PHYSICAL EDUCATION**” organized by UGC-MMTTC ,University of Lucknow from 09 December 2024 to 21 December 2024.

WORKSHOP ORGANIZED:

- Organized a one day national workshop on “**IMPACT OF SOCIAL MEDIA ON**

MENTAL HEALTH" on 05 OCTOBER 2024 as "CO-ORGANIZING SECRETARY" at Dept of Psychology, GOVT P. G. COLLEGE RAMNAGAR, NAINITAL.

RESEARCH PUBLICATION:

- Research paper "ROLE OF GENDER AND RESIDING AREA ON LOCUS OF CONTROL OF COLLEGE STUDENTS" published in Peer reviewed International Journal "PRINTING AREA" Issue-86, Vol-02, Feb 2022, Page no.-.53-57 (ISSN:2394 5303).
- Research paper "IMPACT OF GENDER AND MARRIAGE TYPE UPON MARITAL ADJUSTMENT" published in International Peer Reviewed Journal "IJARESM" Issue-6, Vol-10, June 2022, Page no-1297-1301 (ISSN:2455 6211).
- Research paper "IMPACT OF DRUG ADDICTION ON ANXIETY LEVEL" published in Peer reviewed International Journal "VIDYAWARTA" Issue-44, Vol-13, Oct-Dec 2022, Page no.13-17 (ISSN:2319 9318).
- Research paper "STUDY OF EMOTIONAL INTELLIGENCE IN YOUTH ACROSS GENDER AND STREAM" published in "THE INTERNATIONAL JOURNAL OF INDIAN PSYCHOLOGY", Vol-12, Issue 2, April-June 2024 , Page no.2005-2011 (ISSN: 2349-3429).
- Research paper "THE STUDY OF ACADEMIC STRESS IN THE CONTEXT OF PARENTING STYLE AND GENDER" published in UGC CARE LISTED "INDIAN JOURNAL OF PSYCHOLOGY," Book no.-13, 2024 , Page no-130-138 (ISSN:0019-5553).
- Research Paper "PARENTING STYLE AND LOCUS OF CONTROL :A PSYCHOLOGILOCAL ANALYSIS" published in UGC CARE LISTED "HISTORY RESEARCH JOURNAL" Vol-30, Issue -03, July-August 2024 , Page no-164-173 (ISSN:0976-5425)

CHAPTER IN EDITED BOOK:-

- Chapter in edited National book :- ADOLESCENCE : A CHALLENGING STATE" entitled:- The Study of Emotional Maturity and Stress among College going adolescents" published by Harshwardhan Publication, Maharashtra.
- Chapter in edited International book "EMERGING TRENDS IN HEALTH AND WELL-BEING" entitled "Depression as a cause of suicide among youth" published by Lulu Publication, United States.
- Chapter in edited National book "ENVIRONMENTAL MANAGEMENT FOR

SUSTAINABLE DEVELOPMENT” entitled “Effects of Air pollution on mental health” published by Disha International Publishing house, Noida.

- Chapter in edited National book “SUSTAINABLE HEALTH AND WELL-BEING” entitled “Mindset of the society towards HIV/AIDS victims and its consequences” published by ABS books publisher, New DELHI.
- Chapter in edited National book “UTTARAKHAND @25 : PAST, PRESENT AND FUTURE” entitled “Domestic Violence : A Hurdle in Women Empowerment in Uttarakhand”.

PAPERS PRESENTED IN THE NATIONAL/INTERNATIONAL CONFERENCES AND SEMINARS:

- Presented more than 20 papers in National and International conferences and Seminars.

Place:-Ramnagar

Kusum Gupta
Assistant Professor
Dept. Of Psychology
PNG Govt. PG College Ramnagar
(Nainital)