

## BIO-DATA

1. Name and full correspondence address : Dr.Lotika Amit

Assistant Professor , HomeScience

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(9837149446)

3. Institution : P.N.G.Govt.P.G.College,, Nainital

3. Date of Birth: 07-07-1980

4. Academic Qualification (Undergraduate Onwards)

S. No.	Degree	Year	Subject	University/Institution	Division / Percentage
1.	BSc	2002	Home science	GBPANT, University ,Pantnagar	First /7.87
2.	MSc	2004	Food and nutrition	Punjab Agricultural University ,Ludhiana	First /7.92
3.	PHD	2010	Human nutrition	GBPANT, University, Pantnagar	First /8.27
4.	NET	2004	HomeScience	UGC	
5.	NET	2005	Home science	UGC	
6.	JRF	2006	Home science	UGC	

5. Work experience

S. No.	Positions held	Name of the Institute	From	To	Pay Scale
1.	Assistant Professor	Govt.P. G.College, Gopeshwar ,Chamoli.	2009	2014	8000-13500
2.	Assistant Professor	M.B.G.P.G.College Haldwani ,Nainital.	2014	2023	68900-205600 UGC Level 12

3.	do	HSBGP G College, Someshwar	2023	2024	Same as above
4.	Assistant professor	PN G PG College, Ramnagar	2024	Till now	Same as above

6. Publications (List of papers published in Journals .

S. No.	Author(s)	Research paper Title	Name of Journal	Volume	Page	Year with ISSN
1.	Sony garwal and lotika amit					
2.	Kanchan joshi and lotika amit	Nutritional Enhancement of Some Traditional Foods of Uttarakhand: With Special Focus on Anaemia among Hill Women	International Journal of research in social science	13(5)	91- 98	2249- 2496 ,2023
	Sony garwal and lotika amit	A comparative study on intelligence of government and private secondary	International Journal of research in social science	13	94-98	2249- 2496,

	Reshma and lotika amit	<p>school students of rural and urban areas in Nainital district of uttarakhand</p> <p>उत्तराखण्ड के स्नातक विद्यार्थियों में मोबाइल फोन की लत का एक अध्ययन</p>	<p>International Journal of applied research</p>	9(7)	115- 123	2249- 2496 Jan,2023
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1.	Reshma perveen and lotika amit	किशोरावस्था मे मोबाइल फोन के बढ़ते उपयोग एवं प्रभाव: उत्तराखण्ड के विद्यालयों का एक अध्ययन।	Paripe :Indian journal of research.	10	1-4	2250-1991, 2021,
2	Jyoti Pant and lotika amit	Designing of woollen functional clothing especially for lactating women of Uttarakhand	Journal of critical review	7	2249-2255	2020, 2494-5125,
3	Jyoti Pant and lotika amit	The protective clothing construction for rural male dairy workers of Nainital, Uttarakhand	International journal of environment,ecology,family and ,urban studies	9	1-6	2019, 2250-0065
4	Kanchan joshi and lotika amit	Effect of socio-economic factors on knowledge of anemia in females of Nainital district, Uttarakhand	Jyotirmay,research journal of education	6	60-67	2454-6070 2017-18
5	Jyoti pant and lotika amit	Assessment of working problems and designing of protective clothing for female dairy workers	International journal of academic research and development	2	14 - 17	2017 2455-4197,
6	Kanchan joshi and lotika amit	Effect of socio-economic factors on status of anaemia in females:with special reference to Ramnagar,Uttarakhand	Jyotirmay,research journal of education	4	6-12	2454-6070 2016-17

6. Details of Seminar/Conference/Workshop/Orientatio/ Refresher Courses:

S. No.	Title	Dates	Organizing Institute
1	Online faculty development programme	27 Jan to 02 Feb 2021	MBPGCollege, Haldwani and Govt degree college, Bhatronjkhan
2.	Online one week interdisciplinary workshop	15.03.2021 to 19.03.2021	TLC, central university of punjab
3.	Two week interdisciplinary refresher course	20 feb to 06 March 2022	TLC,Ramanujan college University of Delhi
4.	Nutritional enhancements of some traditional foods of uttarakhand	20-21 March 2021	S SJ campus,Almora

5.	Understanding women empowerment through Indian culture	6 March 2021	M.K.GOVT.degree college,Gaziabad,UP.
6.	Sustainable development goals-2030:ideas and innovations for better tomorrow.	17-18 Jan,2020	St.Wilfred's PGCollege,Jaipur,Rajasthan
7.	The migration challenge in India	28-29 Feb,2020	Govt. Degree college Bhatronjkhan,Almora,uttarakhand
8.	Role of value based education in contemporary India	13 Dec,2019	M.K.Govt.degree college, Gaziabad,U.P.
9.	Progression and innovation in higher education	16 Nov,2019	MBPGCollege,Haldwani
10.	Migration from Indian Himalayan region: challenges and strategies	19-20Nov'2018	DSB campus,kumaun university, Nainital
11.	Study on effect of chemicals and acid dyes on properties of merino wool/silk yarns	16-17Mar'2018	GBPantUniversity,Pantnagar
12.	International seminar on environmental governance and sustainable development in 21 <sup>st</sup> century India	07-08Oct'17	HRDC,kumaun university, Nainital
13.	International seminar on sustainable development	21-22 Oct'16	GPGCollege,Gopeshwar, Chamoli
14.	National seminar on Indian culture: prospects and challenges	28-29 Mar'16	MBPGCollege,Haldwani
15.	National seminar on traditional knowledge and health seeking practices among the Himalayan region communities	4-5March'16	Dept.of sociology, UOU,Haldwani

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